



CHRIS180 

Changing Directions.
Changing Lives.

2025 Impact Report

**Strong Foundations.
Lasting Impact.**



Impact You Can Count On.

Over 250,000+ individuals served since 1981

In a year of thoughtful transformation, CHRIS 180 continued delivering the consistent, high-quality care our community depends on.



54,572

Behavioral health sessions delivered



86

School-based partners



54

Families supported through foster care and adoption



250

Youth experiencing homelessness supported through our drop-in center



40

Housed young adults and families at Summit Trail Apartments



957

Families supported through Wraparound Services



1,069

Professionals trained through the CHRIS Training Institute



19,215

Individuals served



Demographics:

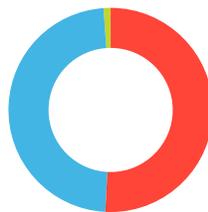
Behind every number is a child, a family, or a person who continued receiving care without interruption.

Age



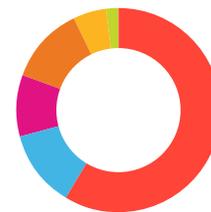
- 75% Children (3 - 7)
- 13% Youth/Young Adults (18-23)
- 12% Adults (24+)

Gender



- 51% Female
- 48% Male
- 1% Transgender/Gender Nonconforming

Race



- 67% Black
- 14% White
- 11% Latino or Hispanic
- 14% Other/Unknown
- 6% Multiracial
- 2% Asian

These outcomes reflect the steady foundation that allows children, youth, and families to build resilience over time.



Letter From Leadership:

Strengthening With Intention

Strengthening the Foundation for Lasting Impact

2025 was a year of thoughtful transformation for CHRIS 180, guided by a clear focus on long-term impact and stability.

We entered the year already engaged in important work to strengthen the organization and our impact, and the changing external environment added complexity. Shifts in government funding and the everyday realities families are facing in today's economy made this work more challenging and reinforced why focus and discipline mattered.

Rather than changing course, we stayed centered on what matters most. With new leadership in place, CHRIS 180 sharpened its focus and deepened its commitment to the work where it can make the greatest difference. We prioritized focus over expansion and clarity over complexity, strengthening the systems that make trauma-informed care possible for children, youth, and families.

Throughout the year, services continued without interruption, staff remained deeply committed to those we serve, and community partnerships stayed strong. At the same time, the organization clarified its role as a community-based partner positioned to respond as needs shift across neighborhoods, schools, and systems.

Strengthening the Foundation in 2025

- Clarified organizational focus around mental health services, foster care and adoption, and support for youth facing homelessness
- Strengthened business operations that support programs and staff
- Deepened partnerships and presence across Metro Atlanta communities
- Reintroduced CHRIS 180 to the Metro Atlanta community with a renewed focus on core programs and services as a trusted, community-based partner

This work honors CHRIS 180's legacy while shaping a more focused and sustainable future. It reflects an organization grounded in its values, clear in its purpose, and prepared to continue showing up wherever the need is greatest.

These efforts have strengthened our ability to increase our impact and move forward with confidence and purpose.

We are grateful to our partners, supporters and champions for your trust and partnership. Because of you, CHRIS 180 continues to be the leading mental health provider in Metro Atlanta now and for years to come.

With gratitude,



Cati Stone

Cati Diamond Stone
President & CEO



Lori Chennault

Lori Chennault
Chair, Board of Directors

Program Impact:

Care That Strengthens Over Time

Across every program, CHRIS 180 delivers care that is accessible, coordinated, and grounded in stability.

Mental Health Services

CHRIS 180 provides mental health support across Metro Atlanta through our CHRIS Counseling Centers, via telehealth, in 86 schools and in trusted community hubs. Our accessible, trauma-informed care meets people where they are, both literally and figuratively.



CHRIS Counseling Centers

At the heart of our Mental Health Services are the CHRIS Counseling Centers, welcoming spaces where individuals receive consistent, high-quality care close to home.

In 2025, our clinicians delivered **13,775 mental health sessions** across three locations in Atlanta, Chamblee/Brookhaven, and Lawrenceville and an additional **3,061 sessions** as part of the Fulton County Behavioral Health Network in both Adamsville and North Fulton. Through individual, family, and group therapy, we support individuals of all ages navigating anxiety, trauma, depression, family conflict, and major life transitions.

School-Based Mental Health Program

At CHRIS 180, our clinicians are embedded in schools, working alongside teachers and administrators every day. They support students in real time, help de-escalate challenges, and connect kids to care before things reach a crisis point.

In 2025, our School-Based Mental Health Program delivered meaningful support across Metro Atlanta:

- **86 schools across four districts: Atlanta Public Schools, Clayton County Schools, DeKalb County Schools, and Fulton County Schools**
- **34,410 therapeutic sessions serving 2,498 students**
- **500 student groups and school-based events, supporting 7,727 students**
- **108 trauma-informed teacher trainings and support forums, connecting with 1,114 educators**
- **37 parent education forums, engaging 1,300 parents**

By embedding mental health support directly within schools, CHRIS 180 helps strengthen entire learning environments. Students receive consistent care where they already spend their time. Educators gain tools to support emotional well-being in the classroom. Families are connected to resources that extend beyond the school day.

This integrated approach builds stability, strengthens relationships, and helps resilience take root early in a young person's life.

Community-Based Services

CHRIS 180 delivers mental health support in trusted community hubs where people live, work, play, and pray. By bringing services directly into neighborhoods and partner spaces, we reduce barriers and increase access to care.

- One example is our partnership with the Atlanta Police Foundation's @Promise Centers, where CHRIS 180 clinicians provide on-site mental health services helping youth build coping skills, strengthen relationships, and address challenges early.

- In 2025, we served 250 youth through @Promise Centers in West, Southwest, and South Atlanta.

By embedding care within trusted community spaces, CHRIS 180 ensures mental health support is accessible, responsive, and a part of everyday life.

Trauma-informed care recognizes the impact of trauma and shifts the question from “What’s wrong with you?” to “What happened to you?” It promotes healing, safety, and trust.

Foster Care and Adoption: Stability Through Loving Homes

CHRIS 180 provides foster care and adoption services alongside ongoing therapeutic and case management support. This ensures youth and families experience safety, continuity, and dignity.



CHRIS 180 supports children and youth in foster care by partnering with families who provide safe, nurturing homes. Our team walks alongside foster and adoptive families with training, case management, therapeutic support, and 24/7 on-call assistance so families are never alone in moments of uncertainty or crisis.

In 2025:

- **32 children** were served through placement in loving foster homes
- **7 forever families** were created through adoption, including 3 families who adopted sibling groups, preserving vital family bonds
- **22 children** received intensive, in-home support through the CHRIS 180 Family Intervention Team program that provides trauma-informed counseling and hands-on guidance to reduce crises, strengthen relationships, and preserve the family unit

By providing consistent support, day and night, CHRIS 180 helps children experience permanence, connection, and the opportunity to thrive within safe, stable families.



Kids need that love. I don't care what they do or where they are from, they still need that love.

-Ms. Claudette C. - CHRIS 180 Foster Parent

Support Services for Youth Facing Homelessness

CHRIS 180 supports young adults experiencing homelessness by meeting immediate needs while building pathways toward long-term stability. Through The SPOT and Summit Trail, youth receive practical support, safe housing, and consistent guidance designed to restore stability and strengthen independence.



The SPOT Drop-In Center for Homeless Youth

The SPOT is a welcoming daytime drop-in center where young adults can access basic needs and supportive services in a safe, respectful environment.

In 2025:

- More than **250 unshoused young adults** received hot meals, clothing, hygiene services, and case management
- **29% of clients** obtained employment
- **3%** enrolled in education programs
- **47%** received mental health support

Through individualized case management, youth are connected to housing, education, employment, and behavioral health resources that support long-term stability.

Summit Trail Supportive Housing

Summit Trail is a 41-unit apartment community that provides safe, stable housing for young adults and their families as they work toward independence and a brighter future. More than housing, Summit Trail offers structured support that helps residents build life skills, strengthen financial stability, and pursue education and employment goals.

In 2025:

- **40 young adults and their families** were provided stable housing
- **55% of residents** secured employment, demonstrating strong workforce engagement and economic mobility
- **15% of residents** participated in post-secondary education, reflecting a commitment to advancing their education and long-term stability
- Residents received ongoing case management and behavioral health support

By combining affordable housing with personalized support, Summit Trail creates an environment where young adults can move beyond crisis, build confidence, and lay the groundwork for lasting stability.



I just wanted to be myself and for people not to hate me for it. CHRIS 180 welcomed me with open arms and they helped me figure out my thoughts and what I am capable of. They gave me the building blocks for being an adult.

-Kanecki G.



Wraparound Services: Strengthening the Whole Family

Wraparound Services require a coordinated, integrated approach to care that addresses the full range of needs facing the children, youth, and families we serve. Through this model, CHRIS 180 works alongside each family to connect them with the right combination of supports to ensure consistent, holistic care. By aligning therapy, case management, and mental health support, Wraparound Services reduce fragmentation, help families navigate challenges, and build the resilience needed to move forward together.

In 2025, **957 children** and their families were strengthened through Wraparound support delivered across counseling centers, schools, housing programs, foster care, and community partnerships.

One example is RISE, a program serving children and families involved in the foster care system. RISE provides intensive coordination and in-home support designed to stabilize placements and prevent crises. In 2025, 86% of children in RISE maintained their caregiver placement and did not require hospitalization.

When care is coordinated and responsive, families experience greater stability, and progress is sustained over time.



CHRIS 180 helped my mom get a home and helped me to stay in school allowing me to become the person I am today.

-Robert L.

CHRIS Training Institute:

Building Trauma-Informed Communities

The CHRIS Training Institute equips professionals, clinicians, caregivers, and community partners with practical tools that strengthen trauma-informed practices across schools, workplaces, homes, and service systems.

Impact at a Glance:



1291

Community professionals, foster parents, clinicians, and community partners trained



69

Training sessions delivered

What We Focus On:

- Trauma-informed care and practice
- De-escalation tools
- Suicide prevention
- Burnout prevention and workforce wellness
- Child and family development

Strengthening Systems Across Metro Atlanta

Trainings were delivered to therapists, clinicians, and organizations including the Atlanta Community Food Bank, DeKalb County Housing Coalition, Georgia Department of Behavioral Health and Developmental Disabilities, and Georgia Department of Family and Children Services.

By strengthening the knowledge and confidence of professionals across sectors, the CHRIS Training Institute helps create environments that are safer, more responsive, and better equipped to support individuals and families facing adversity.

When workplaces, community organizations, and care providers operate with a shared trauma-informed lens, resilience grows beyond individual programs and into the broader community.

2025 Financial Snapshot:

Stewardship That Sustains Impact

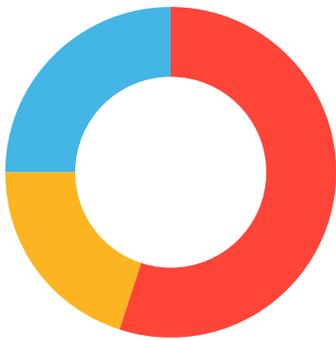
Revenue*: \$25.3 million

Expense*: \$24.1 million

Positive Net Operating Margin: \$1.2 million

Disciplined management supporting long term sustainability

A More Diversified Funding Mix



- 55% Government Grants and Contracts
- 25% Charitable Donations
- 20% Earned Income/Fee for Service

In 2025, CHRIS 180 continued strengthening a more balanced funding model by growing fee for service (earned) revenue and philanthropic support. This approach reduces reliance on government funding and supports greater long-term stability.

Why this Matters:

- Core programs continued delivering consistent, high-quality care as funding became more balanced
- Intentional stewardship positioned the organization to sustain impact over time



Strong financial foundations help ensure care today and a sustainable future.

Community of Support and Leadership

CHRIS 180's impact is made possible by a community committed to stable, long-term solutions.

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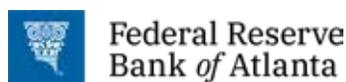
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In 2025, more than **500 volunteers** devoted nearly **1,000 hours** of their time virtually and in person supporting the CHRIS 180 community.

Recognized volunteer partners include the following:





Event Co-Chairs: Wes Adams & Kathy Waller

The CHRIS^{Tal} Ball

The CHRIS^{Tal} Ball is CHRIS 180's signature fundraising event, bringing our community together to celebrate the strength, resilience, and potential of the children, youth, and families we serve.

Each year, more than 500 community leaders, partners, donors, and friends gather in support of this shared mission. Together, they create an evening rooted in connection, purpose, and hope.

In 2025, the CHRIS^{Tal} Ball marked its 25th anniversary, raising more than \$800,000 to expand access to CHRIS 180 programs and services across metro Atlanta. Because of this collective commitment, more individuals and families can find stability, healing, and a path forward.

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VP, Community Residential Services



Because of the strong foundations we built together in 2025, CHRIS 180 continues walking alongside children, youth, adults, and families with focus, stability, and purpose.



1-800-896-4106 (For Help)
404-486-9034 (Main Office)



info@Chris180.org



CHRIS180.org

