



Changing Directions.  
Changing Lives.

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**CHRIS 180 Announces Additions to Board of Directors**  
**Nonprofit to expand services, capacity in 2019**

**ATLANTA, GA (January 3, 2019)** – CHRIS 180 is pleased to announce the addition of seven new members to its Board of Directors: **Jay Bernath**, President, C&S Wholesale Meats; **Emily Chambers**, Group Vice President, Human Resources, COX Media Group; **Dr. Todd Ellis**, Principal, KPMG; **Paula S. Larson**, CEO & President, Dugan Unlimited; **Araya Mesfin**, Senior Vice President Wealth Management, UBS; **Maria Smith**, Assistant Vice President, Supervision & Regulation, The Federal Reserve Bank of Atlanta; and **Steve Tedder**, Principal, Live Oak Capital Partners.

New members will work with other CHRIS 180 board members and staff to increase awareness of the critical importance of trauma-informed behavioral health services for children, youth and families in our community and to secure funding that provides a hand up and moves people toward self sufficiency.

“We are excited that our new board members represent a diverse group of business leaders who each focus on philanthropy in their personal and professional lives. Their commitment to CHRIS 180 ensures our footprint continues to expand and that we are able to provide support and healing to those who need our help throughout Metro Atlanta,” said [Kathy Colbenson, LMFT](#), President & CEO of CHRIS 180.

CHRIS 180 is gearing up for an engaging 2019, with the launch of new programs and the opening of a new building – **The Center for Excellence, Training, Education and Connections** scheduled to open across the street from their existing facility on Fayetteville Road in Atlanta this spring. In addition, later this month, CHRIS 180 will open its **TREE House Program** to offer outpatient counseling and support for youth, ages 13-24, who are suffering or recovering from a Substance Use Disorder. The program will be based in North Fulton County, an area where heroin and opioid related deaths have skyrocketed by 4000% in recent years. For more information on services, please call **770-522-9909**.

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**About CHRIS 180**

Since 1981, CHRIS 180 has transformed more than 70,000 lives. CHRIS 180 saves, serves and protects traumatized children, adults and families through trauma-informed, solution-focused programming that empowers them to change the direction of their lives. The name CHRIS 180 represents our core values: **Creativity, Honesty, Respect, Integrity and Safety**. CHRIS 180’s ambition is to be Georgia’s go-to place where every child, adult, and family who have experienced trauma can discover how to

recover, become resilient, and pivot toward a new future of hope and confidence. For more information, visit [CHRIS180.org](https://CHRIS180.org).