

Media Contact: Chaundra Luckett, CMO Chaundra.Luckett@CHRIS180.org

CHRIS 180 ANNOUNCES NEW TRAINING PLATFORM

CHRIS Training Institute Launches Customized Training for Mental Health Professionals, Community Organizations and Corporate Team-Building

ATLANTA, GA (May 25, 2023) – <u>CHRIS 180</u>, an Atlanta-based nonprofit focused on trauma-informed behavioral health services, announces new offerings from the CHRIS Training Institute (CTI) for human service professionals, educators, school administrators first responders and the business community. All training focuses on understanding trauma and its impact on individuals.

"CHRIS 180 has long been a leader in providing and promoting trauma-informed care, and we have conducted many trainings for professionals, companies and other organizations in our community," said Kathy Colbenson, LMFT CHRIS 180's President and CEO. "Our new learning platform will enable us to bring quality training that embodies our commitment to healing to a much wider audience without geographical restrictions. We'll also be able to provide customized options for any person and any company who would benefit by understanding how trauma is affecting their employees, customers, clients and the people in their lives."

Training has long since been core to CHRIS 180, which takes pride in providing all new and current employees with mandatory workshops on what trauma is, how to recognize trauma and how to deliver trauma-informed care and compassion during orientation. The organization realized that what they were regularly doing could benefit a wider audience and that learning from its vast network of practitioners could be impactful for others.

"People sometimes think of 'trauma-informed care' as something that only mental health professionals do," said Kathy Keely, Interim VP for Training. "But the truth is, this approach can be beneficial for non-professional caregivers, as well. So we're looking forward to providing training to a wide range of people, from mental health professionals to families and guardians to law enforcement and medical professionals. And internally, we're continuing to use this platform to strengthen our staff and our services."

Keeley joined CHRIS 180 in 2022 after spending more than 20 years as a consultant with the organization. Most recently she served as EVP at the Georgia Center for Nonprofits, managing the membership, Nonprofit University and consulting practice. Her work at CHRIS 180 is focused on growing CTI, implementing and supervising internal and external trainings for the organization and providing oversight to the Clinical Pastoral Education program.

CTI also offers custom-designed training for groups and organizations that need trauma-informed training for different audiences and their staff. This training can aid in understanding what trauma is, how it impacts individuals in the workplace, how to supervise those affected and how to be more self-aware.

CHRIS 180's new training platform will allow courses to be offered nationwide through an e-learning framework, Free and paid classes aimed at professional audiences may offer continuing education credits, as CHRIS 180 is an Approved Continuing Education Provider. Interested persons can register for classes through the CHRIS 180 Training Institute by visiting https://chris180.org/training/. For custom workshops, email training@CHRIS180.org

About CHRIS 180

CHRIS 180 was founded in 1981 and provides life-changing trauma-informed behavioral health services and wraparound support to children, adults and families that empowers them to change the direction of their lives. For more information, visit CHRIS180.org.