

Media Contact: Chaunda Luckett Chaundra.Luckett@CHRIS180.org

Local Non-Profit Creates Memorable Holidays for Families & Youth

CHRIS 180's Holiday Wish List program provides happy holidays through community support

ATLANTA (Dec. 5, 2023) – Individuals and groups looking to assist metro Atlanta families during the holiday season can help local nonprofit <u>CHRIS 180</u> provide gifts to families and youth through the organization's annual Holiday Wish List program. CHRIS 180, an Atlanta-based nonprofit organization dedicated to providing trauma-informed mental health services for children, youth and families, plans to help more than 100 families provide gifts for their children on Christmas morning.

"Fuel and food prices continue to remain high, making it difficult for many families to make ends meet. The holiday season intensifies the feelings of worry and frustration. CHRIS 180's Holiday Wrapping Party provides a trauma-informed experience that gives parents and caregivers the dignity of choosing presents just right for their children," said Natasha Reynolds, Director of Foundation and Corporate Giving. "The donations we receive are critical to ensuring the children and families we serve have a memorable holiday and we are so thankful for our local community and partners and how they give year after year to help us create a happy holiday to so many in metro Atlanta."

Neighborhood groups, offices, families, community organizations and individuals interested in supporting the program can host a toy drive to collect gifts or shop the <u>Amazon Wish List</u> directly. Then, CHRIS 180 parents and caregivers get to hand-pick gifts for their children before Christmas at the organization's pop-up shop. Eligible families are part of CHRIS 180's community initiatives, including foster care, adoptions, housing, counseling and other support programs.

Additional ways to help include making a monetary donation at <u>CHRIS180.org/donate</u> or <u>volunteering</u> at the holiday gift shop December 18-20.

About CHRIS 180

CHRIS 180 was founded in 1981 and provides life-changing trauma-informed behavioral health services and wraparound support to children, adults and families that empowers them to change the direction of their lives. For more information, visit <a href="https://christology.com/christolog